

contact

If you would like to make a referral to the Thrive program, or any other programs that Bethany Children's Health Center has to offer, please call our referral line at **405.470.2247** or email at **referrals@bethanychildrens.org**.



bethany children's
HEALTH CENTER

anchored in hope

6800 NW 39th Expy Bethany, OK 73008
405.789.6711 | bethanychildrens.org

outpatient clinic

6800 NW 39th Expy Bethany, OK 73008

M-F: 8 am - 4:30 pm
Saturday & Sunday: Closed

Direct: 405.440.9866
Fax: 405.438.3834

community pharmacy

6770 NW 39th Expy Bethany, OK 73008

M-F: 8:30 am - 5 pm
Saturday & Sunday: Closed

Direct: 405.440.6797
Fax: 405.440.6798



@bethanychildrens



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HEALTH CENTER



**thrive program
at bethany childrens
health center**

The Thrive Program has been designed to provide ongoing medical and therapy evaluation and support for infants with developmental feeding delays. The interdisciplinary team will collaborate with caregivers to provide a comprehensive plan of care specific to each patient's abilities, needs, and goals.

The primary goals of the Thrive program include:

- Provide infants opportunities to increase their oral feeding success
- Decrease reliance on a feeding tube
- Provide foundation to increase participation in oral feeding



guidelines for admission

- Infant is term or corrected to term
- Apnea and bradycardia events stable and infant does not require constant one on one bedside care
- Infant is gaining weight appropriately
- Infant exhibits no frank aspiration, aspiration pneumonia, or BPD exasperations with PO feeding
- Labs and electrolytes are stable
- Infant tolerates and maintains temperature in an open crib
- Anatomic, GI, or ORL causes for feeding difficulties have been ruled out
- If weaning medications, first wean has been well tolerated
- If oxygen delivery is needed, infant tolerates regular nasal cannula, and does not require high flow delivery
- Infant tolerates medications by tube or by mouth
- Infant has the potential to discharge into a home environment with appropriate support and training for caregivers
- Preliminary discussions and counseling regarding the potential need for feeding tube have been introduced to caregivers by referring team

Thrive program team:

- Physician
- Speech-Language Pathologist
- Occupational Therapist
- Dietitian
- Nursing
- Social Work and Case Management
- Others as needed: Physical Therapist, Music Therapist, Volunteer Services

The medical team provides 24 hours rounding and support. GI and ORL consultation are available if needed. Feeding therapist will evaluate the infant and utilize a sensory approach to treatment, working with the caregivers and team to improve feeding skills. We can perform video fluoroscopic swallow studies and FEES with ORL on site if necessary. Dietitians will consult and monitor growth daily.

Parents receive extensive training, including typical infant care, CPR, feeding training, emotional support, development education, and sensory and positioning needs. If the infant discharges with a feeding tube, caregivers will be competent and ready to provide tube feedings. Case Management and Social Work will assist with discharge planning and needs, and ensure follow up care and outpatient therapies are set up to ensure ongoing success at home.

We have private rooms available and encourage the caregiver(s) to stay with the infant to be as involved in the infants care as possible and to promote and encourage bonding and parent skills.