

Coming to a new hospital can be overwhelming for both you and your child. Our team's goal is to make your child's transition as nurturing and comfortable as possible. Please let us know if you have an additional questions or concerns.

## what to expect the first day

- When you arrive, a staff member will accompany everyone to the area where your child will be staying.
- A representative will meet with you to review and complete admission paperwork. You will also create a visitors' list and emergency contact list with them. This meeting can be in your child's room or in a nearby family room, depending on your needs and preferences. This process generally takes about 30 minutes to an hour.
- Staff will help everyone get settled. Several staff members will meet you and your child to begin the evaluation process. Your child may need an x-ray, blood work and/or a bath after admission.
- You will meet with other team members so they can learn about your child and answer any questions. These individuals may include nurses, doctors, therapists, teachers and dietitians.
- The admission and evaluation process takes three to four hours, and parents or guardians are required to be in attendance during this time.



**bethany children's**  
HEALTH CENTER

## anchored in hope

6800 NW 39th Expy Bethany, OK 73008  
405.789.6711 | [bethanychildrens.org](http://bethanychildrens.org)

## outpatient clinic

6800 NW 39th Expy Bethany, OK 73008

M-F: 8 am - 4:30 pm  
Saturday & Sunday: Closed

Direct: 405.440.9866  
Fax: 405.438.3834

## community pharmacy

6770 NW 39th Expy Bethany, OK 73008

M-F: 8:30 am - 5 pm  
Saturday & Sunday: Closed

Direct: 405.440.6797  
Fax: 405.440.6798



@bethanychildrens



**bethany children's**  
HEALTH CENTER



## what to bring the first day

- Please bring your child's insurance cards, social security card, and birth certificates.
- Your child's wheelchair, splints, eye glasses or other personal equipment. Large equipment such as gait trainers or standers are not necessary.
- Medications, if arriving from home, to verify home routine. The Hospital's pharmacy will fill prescribed medications during your child's stay.
- Clearly marked clothing, if someone will be doing the child's laundry. Otherwise, clothing and laundry will be provided by the hospital.
- Photos, stuffed animals, or toys should be marked with the child's name and will be evaluated for safety.

## what happens after admissions

- Our team will evaluate your child and individualize a plan of care for their stay. Once the evaluations are complete, your child may participate in therapies, group activities and education classes as part of their rehabilitation.
- Several specialists see patients on our campus. Sometimes patients need to leave our campus for tests, appointments or lab work. If your child needs to leave the hospital for any reason, we will coordinate with you.
- Bethany Children's Health Center does not provide ICU level care. If your child needs a higher level of care, we will refer them to another area hospital.
- Patient care conferences are conducted periodically with you to discuss your child's care, goals, and discharge plan.

## faqs

### How long will my child stay?

Each child's plan is individualized for their specific needs. Some factors may include medical stability, patient/family goals, caregiver training, home modifications, and availability of community resources. Your child's team will work together with you to determine the most appropriate time for discharge.

### Can I stay overnight with my child?

Depending on your child's rehabilitation needs, rooming-in may or may not be available. Prior to admission, we will evaluate your child's needs and which program will be the best option for them. Several local lodging options are available for out-of-town families; contact Social Services to discuss these options.

### Can other children visit?

Yes, children can visit. Children must be supervised by and accompanied by an adult. Visitation by children may be limited during times of seasonal illness prevention.

### How does visitation work?

Visiting hours are daily from 8 am – 10 pm. Each child's visitors' list is determined by their parent/guardian. Modifications can be made to the visitors' list at any time by speaking with a social worker. Visitors should not visit when ill (fever, sore throat, cough, runny nose). The number of visitors allowed at a time may be limited based on patient needs and/or seasonal illness prevention guidelines.

### What is the nursing to patient ratio?

Our goal is to have one nurse to every three patients.

### Do you have a cafeteria?

Our cafeteria is open to caregivers and visitors. Hot meals are \$4.00 and are served from 10:30 am - 1:30 pm on weekdays. Deli, salad and snack options are available from 7 am - 7 pm on weekdays. Coffee, tea and water are free.

### Do you have internet access?

Wifi access is available throughout our Hospital. You will be provided with the password at admission.

### What therapies are offered at Bethany Children's Health Center?

We offer physical therapy, occupational therapy, speech therapy, music therapy, respiratory therapy, pet therapy, recreational therapy, education, and child life services. Each child is evaluated for their need and appropriateness for these services.

### Can I take my child out for community or home visits?

After each patient's medical provider has given approval and the parent/caregiver has received appropriate training, trained adults are able to take patients outside for walks on the campus or to the courtyards. Therapeutic leave visits that take place off campus can be arranged for some patients. Your social worker will visit with you about the details specific to your child.

### Can I speak to another parent about their experience?

We offer a variety of ways for parents to connect with each other. Some of these include support groups, Family Connections (which will connect you to another family with similar needs), and the Family Advisory Council. Your social worker will be able to provide more details and information.

