

# why vaccinate?

On-time vaccination throughout childhood is essential because it helps provide immunity before children are exposed to potentially life-threatening diseases. Vaccines are tested to ensure that they are safe and effective for children to receive at the recommended ages. For information on specific recommended vaccines by age, please visit:

www.cdc.gov/vaccines/parents

### infant + toddler

Vaccination helps give infants and toddlers a healthy start. More than one dose is necessary for many vaccines, to build and boost immunity. Because influenza viruses are constantly changing and the body's immune response declines over time, everyone over the age of 6 months needs a flu shot every year.

# preschool + elementary school years (age 3-10)

Your child needs additional doses of some vaccines from age 3 through 6.

## preteen + teen (age 11-18)

As protection from childhood vaccines wears off, adolescents need additional vaccines to extend protection. Adolescents need protection from additional infections as well - before the risk of exposure increases.

It is recommended that everyone get the flu vaccine every year before the end of October, if possible.

### vaccines offered

- A Vaccine Information Statement (VIS) will be mailed to you 14 days prior to your child receiving a vaccination.
- If you do not want your child to receive a vaccination or you would like to schedule the vaccine to have a parent/quardian present, please call your social worker or 405.789.6711 ext. 1300 as soon as possible.
- Bethany Children's follows the CDC guidelines for recommended vaccinations for childhood, adult, and seasonal immunizations. For more information on specific recommended vaccinations, please visit: <a href="www.cdc.gov/vaccines/parents">www.cdc.gov/vaccines/parents</a>
- If you have additional questions, please contact your child's provider.



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