



The Bethany Children's Health Center and OU Children's Physicians Spina Bifida Clinic brings together several specialty services to meet the complex needs of patients with spina bifida. The multidisciplinary clinic provides care to patients from across Oklahoma from infancy through young adulthood.



anchored in hope

6800 NW 39th Expy Bethany, OK 73008
405.789.6711 | bethanychildrens.org

outpatient clinic

6800 NW 39th Expy Bethany, OK 73008

M-F: 8 am - 4:30 pm
Saturday & Sunday: Closed

Direct: 405.440.9866
Fax: 405.438.3834

community pharmacy

6770 NW 39th Expy Bethany, OK 73008

M-F: 8:30 am - 5 pm
Saturday & Sunday: Closed

Direct: 405.440.6797
Fax: 405.440.6798



@bethanychildrens



bethany children's
HEALTH CENTER



spina bifida clinic

care team

Children with spina bifida have complex health needs impacting many body systems. To provide the best outcome for your child, we bring together specialists from Bethany Children's Health Center and OU Children's Physicians to provide care in a collaborative, patient-centered, team approach.

Bethany Children's Health Center's Outpatient Services team will play a central role in co-managing care with other medical and surgical specialists from OU Children's physicians. Our spina bifida care coordinator will serve as a direct point of contact for families to address individual clinical needs and coordinate care plans for the multi-specialty clinic.

services

It takes a dedicated group of pediatric specialists and services to care for patients and families with spina bifida. These specialty services will be coordinated to meet the unique needs of your child:

- **Physiatry:** Physical Medicine and Rehabilitation Specialist evaluates and monitors developmental growth, neuromuscular development and the need for orthotics/braces, therapies and other interventions so your child can achieve their maximal functional abilities.
- **Urology:** The urology team assists in the management of bowel and bladder control, catheterization, and monitoring of ongoing bladder health through various diagnostic tests.
- **Neurosurgery:** The neurosurgery team repairs the spina bifida lesion, follows brain image closely, shunt placement and revision, tethered cord repair, and provides ongoing monitoring and management of neurological health.

- **Orthopedics:** The orthopedist will monitor the child with periodic examinations and x-rays as musculoskeletal problems can be a common occurrence.
- **Orthotics:** The orthotist fabricates braces/orthotist and collaborates with a physiatrist (physical medicine and rehabilitation doctor or nurse practitioner) and therapists in determining orthotic for your child to improve function and/or improve neuromuscular alignment.
- **Nutrition:** A dietitian provides nutrition advice to maintain a healthy weight, strength and general health.
- **Therapy Services:** A physical therapist or occupational therapist assesses equipment needs and makes recommendations for therapy services.
- **Developmental screening and neuropsychological evaluations:** The neuropsychologist completes developmental screens to determine if, and what further assistance is needed for learning. Neuropsychological testing can provide valuable information to the school regarding learning supports, curriculum and environmental adaptations, which will be pivotal to optimize the patient's learning environment and individualized Education Plan.
- **Social Services:** A social worker assists in managing the emotional and social impact of spina bifida, as well as additional patient and family resources.

what to expect

The spina bifida clinic is located at Bethany Children's Health Center. Every effort is made to coordinate your child's appointment over a one or two day visit dependent on radiological/diagnostic needs and travel time for the caregiver and patient. The appointment day/(s) include imaging services, medical and surgical specialists, care coordination specialist and seeing other providers necessary to best take care of your child and your family. This can make for an extended day, so please be prepared for at least 5-10 hours. The team will work together to create the best plan for each patient.

locations + contacts

Bethany Children's Health Center - Physical Medicine and Rehabilitation

6800 NW 39th Expy
Bethany, OK 73008
Phone: 405.440.9866
Fax: 405.438.3834

OU Children's Physicians Pediatric Urology

1200 Children's Ave, 7D,
Oklahoma City, OK 73104
Phone: 405.271.3800
Fax: 405.2711.3399

OU Health Physicians Pediatric Neurosurgery Clinic

1200 Children's Ave, 7E,
Oklahoma City, OK 73104
Phone: 405.271.2244
Fax: 405.2711.4921

OU Health Physicians Children's Orthopedic Surgery

1200 N. Children's Ave, 3A or 3F
Oklahoma City, OK 73104
Phone: 405.271.2244
Fax: 405.2711.4921