



## what is pediatric palliative care?

Pediatric palliative care is designed to help children of any age, from prenatal to young adults, and their families as they journey through an illness.

When children and their families are facing serious health concerns, chronic illness, and/or long hospital stays, pediatric palliative care can help. Our team works to improve the patient's quality of life by reducing pain and troubling symptoms, as well as providing a space where patients can experience personal and spiritual growth.

Through pediatric palliative care, better communication can be established between the child's medical team. Pediatric palliative care coupled with the patient's medical plan increases the benefits and effectiveness of care received by helping families and/or patients make more informed medical decisions.



## anchored in hope

6800 NW 39th Expy Bethany, OK 73008  
405.789.6711 | [bethanychildrens.org](http://bethanychildrens.org)

## outpatient clinic

6800 NW 39th Expy Bethany, OK 73008

M-F: 8 am - 4:30 pm  
Saturday & Sunday: Closed

Direct: 405.440.9866  
Fax: 405.438.3834

## community pharmacy

6770 NW 39th Expy Bethany, OK 73008

M-F: 8:30 am - 5 pm  
Saturday & Sunday: Closed

Direct: 405.440.6797  
Fax: 405.440.6798



@bethanychildrens



bethany children's  
HEALTH CENTER



pediatric  
palliative  
care

## benefits the pediatric palliative care team can provide include:

- Assisting with relief of pain and discomfort
- Reviewing and explaining medical information
- Providing clear communication and coordination with health care staff
- Reviewing short and long-term care goals
- Offering help in making difficult decisions
- Reviewing end-of-life care when necessary
- Assisting with discharge planning
- Exploring home-care options
- Supporting and caring for the entire family
- Providing grief and bereavement support
- Providing hope, healing, quality and comfort

Palliative care is not one size fits all and is not only for patients with certain illnesses. It does not involve withholding or taking away care, or stopping medical treatment aimed at curing disease. Most importantly, palliative care is not giving up.

## our mission

To provide compassionate family-centered care to children of all ages facing complex, chronic, or potentially life-threatening conditions while supporting and educating caregivers. The team will advocate to promote quality of life, enhance comfort, alleviate suffering, and foster coordination of care.

## what to expect

If you are interested in working with our palliative care team while your child is at Bethany Children's Health Center, please let us know during the admission process, or at any point during your child's inpatient stay.

We will plan an initial meeting within 1-2 weeks of your request where you and members of the palliative care team can talk extensively about your child's care, including your long-term goals and advanced care planning. While we prefer to meet in person, we understand it can be difficult to travel and can speak with you over the phone, if needed.

Our goal is to provide you with information so you can make the best possible choices for your child.

## meet the team

### Medical Providers

These caregivers work with the patient's primary doctors to make sure your child is getting the best care. The clinicians regularly review the patient's plan of care and provide recommendations on how to treat the patient's pain and other symptoms affecting quality of life.

### Social Workers

Social workers assist with the daily needs of the patient and family and can provide resources to families.

### Chaplain

The chaplain is available as needed to provide spiritual guidance and care.

### Child Life Specialists

Child Life Specialists use age-appropriate language and therapeutic play to help patients and siblings understand, cope with, and express their feelings about their illness. They also facilitate memory-making activities for the patient and their family.

