



bethany children's
HEALTH CENTER

Multidisciplinary Team Evaluation

The initial step in the process to determine candidacy for the Intensive Feeding Program at Bethany Children's Health Center is completion of an outpatient multidisciplinary feeding evaluation. The goals of this evaluation are to gain a better understanding of your child's feeding difficulties, as well as the medical or behavioral issues that make oral feeding challenging for your child and family.

Prior to this evaluation, we will attempt to obtain all necessary medical records. We will review and discuss these and other concerns you may have during the evaluation.

For your child's evaluation we would like to simulate a home meal, in order to gain a good picture of your child's skills and response to food. Please consider bringing the items listed below to your child's evaluation.

- Preferred food items- 2-3 items of varying textures if possible.
- "Working on" food items- 2-3 items of varying textures that your child is currently working on, or items they do not prefer.
- Familiar utensils- if your child has a preferred cup, spoon, or fork please bring them along with you.
- A picture of your child's mealtime set up- we would like to see where your child eats and their chair or seating option. If you are able to get a picture of your child in their chair/seat, that would be ideal.
- Any items used to help with distraction or reward during mealtime if items are used.

Following the multidisciplinary team evaluation, you will be provided with verbal feedback and initial recommendations on how to progress your child's oral feeding skills. Candidacy for the 3 week inpatient program will be determined at this time as well, and a comprehensive report with the team's findings and recommendations will be sent to you at a later time.